

ABA therapy is one option that focuses on skill building through [structured](#) goals and consistent practice. Step It Up ABA provides [aba therapy atlanta](#) services that begin with an assessment.(Image: <https://burst.shopifycdn.com/photos/couple-use-a-tablet-together.jpg?width=746&format=pjpg&exif=0&iptc=0>) Positive reinforcement strategies are used to encourage progress and reduce frustration during learning. In-home sessions may help with routines like transitions, mealtime or community practice. When caregivers understand the goals and how strategies are used, it becomes easier to practice skills between sessions.(Image: <https://burst.shopifycdn.com/photos/photo-of-a-livingroom-and-person-sitting-on-a-grey-couch.jpg?width=746&format=pjpg&exif=0&iptc=0>) ABA therapy is typically adjusted over time based on data and observations

(Image: [http://www.imageafter.com/image.php?image=b4nature\\_animals\\_insects028.jpg&dl=1](http://www.imageafter.com/image.php?image=b4nature_animals_insects028.jpg&dl=1))

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